

THE POWER OF POVERTY

& The Beauty of Mercy: Part One

SEASON 8 EP. 5

Group Questions

1. What struck you from this week's episode?
2. What is one specific moment in your life that you have experienced God's providence by being open to receive?
3. Where is God inviting you to make space in your life in order to make room for Him to Father you and show His providence?
4. Share a time when you have been loved in your weakness? How did that impact you?

Lectio Divina

“Therefore I tell you, do not worry about your life, what you will eat [or drink], or about your body, what you will wear. Is not life more than food and the body more than clothing? Look at the birds in the sky; they do not sow or reap, they gather nothing into barns, yet your heavenly Father feeds them. Are not you more important than they? Can any of you by worrying add a single moment to your life-span? Why are you anxious about clothes? Learn from the way the wildflowers grow. They do not work or spin. But I tell you that not even Solomon in all his splendor was clothed like one of them. If God so clothes the grass of the field, which grows today and is thrown into the oven tomorrow, will he not much more provide for you, O you of little faith? So do not worry and say, ‘What are we to eat?’ or ‘What are we to drink?’ or ‘What are we to wear?’ All these things the pagans seek. Your heavenly Father knows that you need them all. But seek first the kingdom of God and his righteousness, and all these things will be given you besides.” - Matthew 6:25-33

Journal Questions

1. How have you made your poverty about you, rather than about God's providence?
2. How is God inviting you to accept spiritual poverty and seek material simplicity? How would you be more free if you said this yes?

Quote to Ponder

“A saint is someone who, fascinated by the beauty of God, gives up everything, even himself, and enters into the great movement of return to the Father that was initiated by Christ. We are all called to it.”

- Cardinal Sarah

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